### Courtney Schultz, PhD

Executive Director
Health & Technology Partners

# The Impact of a Signalized Crosswalk on Active Transportation Behaviors



## Climate Change



#### **Human Activity**

- Physical activity
   (e.g., active travel,
   outdoor time, leisure
   time PA)
- Sedentary activity
- Dietary behavior
- Consumer behavior
- Waste management

## Climatic changes and atmospheric contamination

**Human Activity** 

**Human Health** 

#### **Climate Changes**

- Extreme weather events
- Natural disasters

#### **Atmospheric Contamination**

- Carbon dioxide
- Carbon monoxide
- Nitrogen oxide
- Sulphur dioxide
- Methane
- Particulate matter

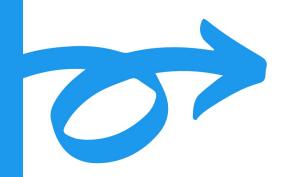
#### **Human Health**

- Non-communicable diseases
- Communicable diseases

Design elements in the built environment, such as street layout, land use, the location of recreation facilities, parks and public buildings and the transport system can either encourage or discourage physical activity. WHO, 2006

- Traffic calming measures and infrastructure improvements are shown to encourage active living behaviors
- Safe access to physical activity opportunities are positively linked to active behaviors





## **EXAMINE THE IMPACT OF** STREET CROSSING INFRASTRUCTURE MODIFICATIONS ON **CROSSING BEHAVIORS** AND TRAFFIC PATTERNS

2012 TO 2015 NATURAL EXPERIMENT FIVE-LANE HIGH-SPEED ARTERIAL HIGHWAY

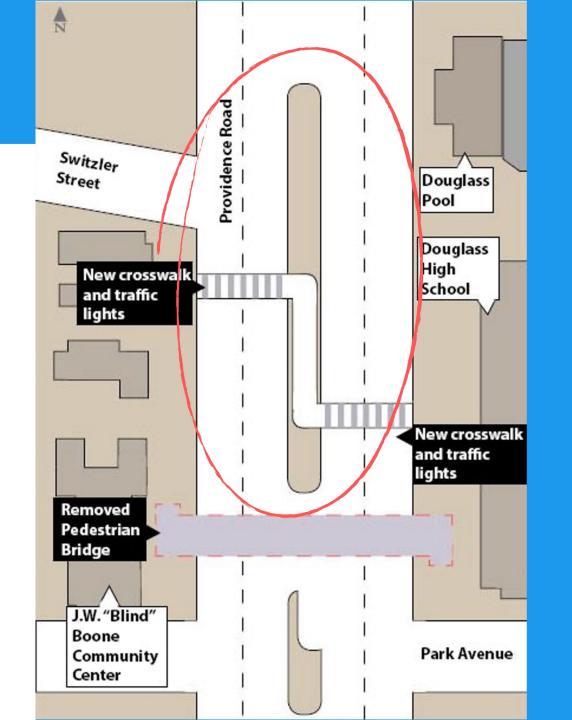




# CROSSING BEHAVIORS IN 2014 AFTER THE INTERVENTION

CROSSING BEHAVIORS
IN 2012 PRIOR TO THE
INTERVENTION



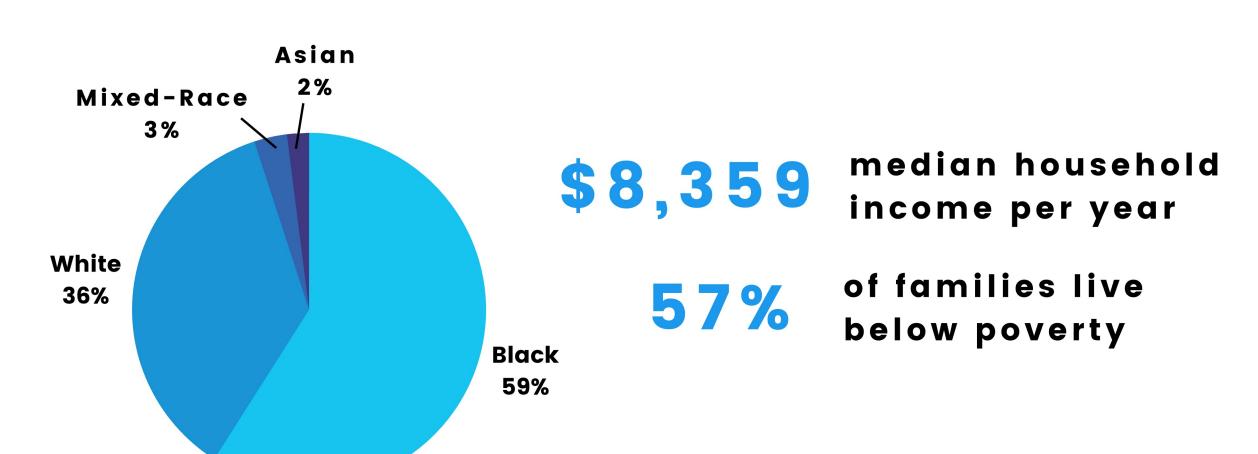


## BUILT ENVIRONMENT INTERVENTION

- Removal of pedestrian bridge
  - Poorly designed
  - Fears about crime and safety
- Installation of signalized pedestrian crosswalk system
  - 400ft-long landscaped median
- High Traffic Volume
  - Up to 23,000 vehicles per day
  - Maximum speeds 60-70 mph
  - Posted at 35 mph

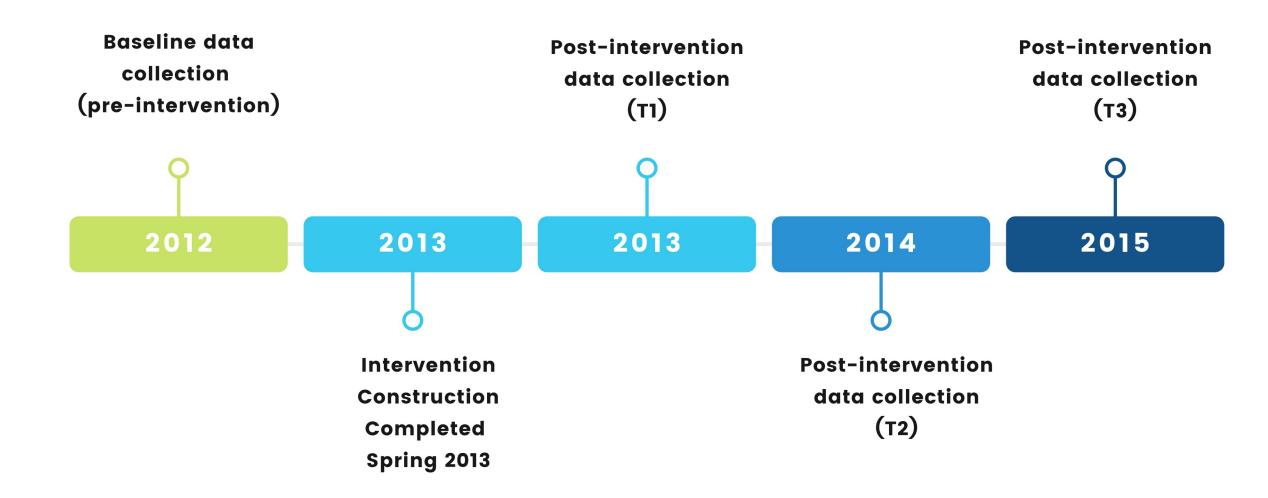
## Neighborhood Population





## **Study Timeline**





### **INTERVENTION SITE:** PROVIDENCE ROAD WORLEY **ZONE 1** STREET \* OBSERVER "A" ZONE 2 SWITZLER ST. ZONE 3 \* OBSERVER "B" **BRIDGE** PARK STREET **ZONE 4** \* OBSERVER "C" **ASH STREET ZONE 5**



#### DATA COLLECTION

- Daily for two weeks in June (21 shifts per year)
  - o 7:30-8:30a
  - ∘ 12:30-1:30p
  - ∘ 3:30-4:30p



#### PEDESTRIAN DATA

- Direct observation in crossing zones
  - Non-designated
  - Designated at Intersections
  - Designated at Intervention Location (bridge & crosswalk)



#### TRAFFIC DATA

- Nu-metrics Hi-Star detectors
  - Embedded into 4 lanes of traffic
  - 7 consecutive days during 2012-2014
  - Recorded speed and volume

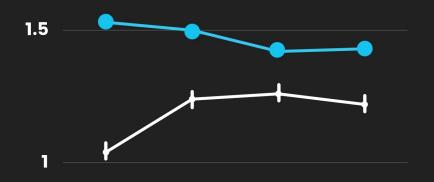
# What impact did the intervention have?

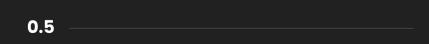
INCREASED
PEDESTRIAN SAFETY





#### TOTAL COUNT LOG BY YEAR AND ZONE







## Pedestrian Crossings

Total pedestrian crossings did not significantly change from 2012 (n=1,408) to 2013 (n=1,352), 2014 (n=1,380) or 2015 (n=1,568)

There was a significant year\*designation zone interaction (p=0.036)

## Pairwise Comparison Crossing Type







#### INTERVENTION EFFECT

Pairwise comparisons of the Designated Crossings indicated an overall increase from pre-intervention to each post-intervention in 2013, 2014 and 2015.

#### SUSTAINED EFFECT

There were no significant changes between the post-intervention years for Designated Crossings (2013-2014, p=1.000; 2013-2015, p=1.000; 2014-2015, p=0.999).

#### NON-DESIGNATED EFFECT

Non-Designated Crossings indicated no change from pre-intervention to post-intervention in 2013, 2014 or 2015.

### 150 134.86 133.88 117.67 119.52 111.81 100 50 2012 2013 2014 2015 **Intervention Site Control Site**

## **Traffic Volume**

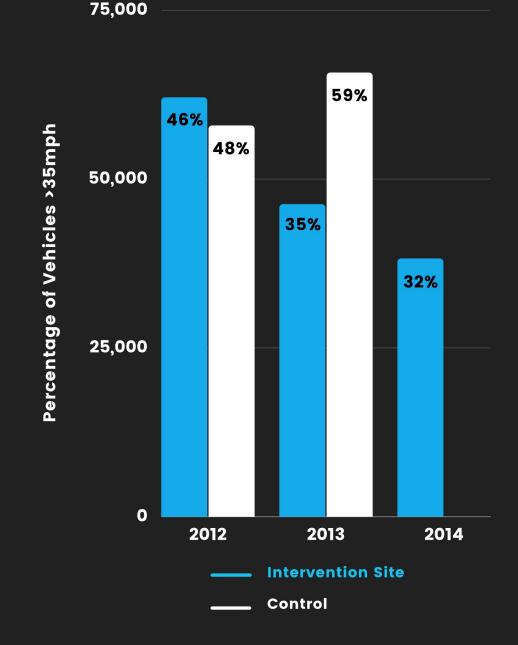
Significant reduction (p<0.05) in total traffic volume pre-intervention to post-intervention at both intervention and control.

Unable to collect traffic data in 2015

## Traffic Speed

A significant reduction in the number of vehicles exceeding the 35 mph speed limit.

Vehicles traveling more than 10 mph over the speed limit fell from 3.4 to 1.8 percent.





USE OF THE CROSSWALK BY LOCAL RESIDENTS AND ADOPTION OF HEALTHIER, MORE PHYSICALLY ACTIVE LIFESTYLES CONTINUED OVER THE FOUR YEAR STUDY.

# How does this connect to climate change and health?

#### INFRASTRUCTURE DESIGN CAN SUPPORT ACTIVE LIVING AND MOBILITY

The design could help other communities decrease the hazards of crossing major streets and increasing mobility of pedestrians helping to lessen reliance on car transportation.





## Questions?

## Courtney Schultz, PhD









